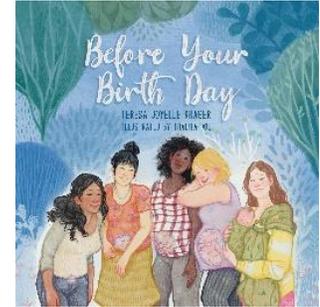
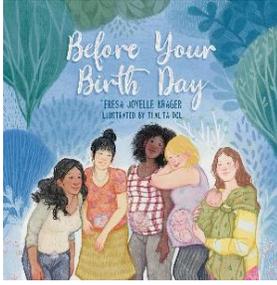


## ***Before Your Birth Day*** Fun Follow Up Activities

Read or listen to ***Before Your Birth Day*** by Teresa J. Krager.



1. Discuss:
  - How did your parents meet?
  - How did your mom know she was pregnant?
  - What is your birthdate?
  - Were you born on, before, or after your due date?
  - Where were you born?
  - Did you have hair when you were born?
2. Draw smiley faces and have fun adding different hair styles (spikey, long or short, curly, pigtails, etc.). Try adding eyebrows and eyelashes for fun.
3. Trace (or have someone else trace) your hand. Add fingernails.
4. Put a small dab of paint on the ends of your fingers and make fingerprints on paper. Can you see the tiny lines on your fingerprints? If not, try using less paint.
5. Look at an orange seed and be amazed at how God could fit a beating heart inside. Think of things that are smaller than an orange seed.
6. Look for, describe, and compare seeds in fruit like apples, oranges, bananas, kiwis, strawberries, tomatoes, and watermelons.
7. God breathed life into you. Can you hold your breath for ten seconds? Now, let it out slowly while counting to ten in your head or while someone else counts.
8. Blow up a balloon or have an adult do it (without tying a knot). Then, let go of the balloon and watch what happens when all the air quickly escapes.
9. Your senses were developing in the womb. List your three favorite things to taste, touch, hear, see, and smell. Thank God for those things.
10. Look in a mirror. Do you have dimples? Does anyone in your family have dimples?
11. God made all kinds of people, none just like you. Draw a picture of you or you and your family. Tell how you are special.
12. Draw a triangle and pretend it is a birthday hat. Draw a square, rectangle, or box and pretend it is a birthday present. Decorate them both!



***Before Your Birth Day***, by Teresa J. Krager, is a rhyming picture book that celebrates preborn babies in the womb and traces their miraculous development.

You may order books directly from the author at [tkrager@outlook.com](mailto:tkrager@outlook.com), at Amazon, or Barnes & Noble. Visit her website <http://teresakrager.com> and find Teresa's devotionals/word of encouragement at <http://pointingtheway.live>.